

MENTE ARGENTINA COOKING PROGRAM IN BUENOS AIRES-ARGENTINA 2016

NOW ACCEPTING APPLICATIONS FOR THE COOKING PROGRAM 2016



The goal of the cooking program is to teach students typical South American & Argentinean dishes with modern preparation, presentation techniques, and sophisticated flavor combinations. Cooking Courses have been designed for both beginners and professionals who wish to expand their knowledge of our cuisine and explore their interests in Argentine cooking techniques and flavors. In this program you will learn how to prepare South American dishes with attention to all of the details that make this cuisine unique. You will learn everything from the classics to lighter dishes, red meat, cakes and desserts.

The Mente Argentina Cooking program combines various teaching techniques, both within and outside of the traditional classroom, quaranteeing a holistic and unforgettable experience.

MENTE ARGENTINA COOKING PROGRAM IN BUENOS AIRES HIGHLIGHTS

- ✓ LEARNING TO PREPARE MORE THAN 15 DIFFERENT INDIVIDUAL DISHES
- ✓ LEARNING THE INTRICATE AND RICH HISTORY OF ARGENTINE COOKING
- ✓ COOKING AND TASTING SOME OF THE BEST CLASSIC ARGENTINE DISHES AS WELL AS OTHER INTERNATIONAL PLATES
- ✓ INDIVIDUAL CLASSES (AS WELL AS THE GROUP SESSIONS) TAILORED TO YOUR PERSONAL NEEDS
- ✓ THE GUIDANCE OF WELL-KNOWN AND EXPERIENCED ARGENTINE CHEFS AS YOUR PROFESSORS

LEARN MORE ABOUT THE MENTE ARGENTINA COOKING PROGRAM: QUICK LINKS

- Cooking Program Overview
- Cooking School in Buenos Aires
- How to Apply

- Cooking Program Fee 2016
- What's Included in the Program Fee
- Next Start Dates



MENTE ARGENTINA COOKING PROGRAM OVERVIEW

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The Mente Argentina Cooking program combines various teaching techniques, both within and outside of the traditional classroom, guaranteeing a holistic and unforgettable experience.

MENTE ARGENTINA COOKING PROGRAM IN BUENOS AIRES INCLUDES

- <u>INTERNATIONAL GROUP COOKING LESSONS</u>: Group cooking lessons taught at one of the most recognized cooking schools in Buenos Aires, Argentina.
- PRIVATE ARGENTINEAN COOKING LESSONS: You will be experiencing a real Argentinean
 cooking environment, learning some typical dishes from Argentina, for an incredible and
 different experience that cannot be taught at a conventional school. These private lessons are
 taught with a well known Argentinean chef, where you will learn how to prepare typical
 Argentinean meat dishes in gourmet style.

MENTE ARGENTINA COOKING PROGRAM OPTIONS

- ✓ The Regular Cooking Program lasts 4 or 8 Weeks and classes are given 3 times a week.
- ✓ The Intensive Cooking Program lasts 2 Weeks and classes are given 4 times per week.

OUR PROGRAM FEE COVERS ALL OUR SERVICES INCLUDING CREATING A UNIQUE INTERNATIONAL COOKING PROGRAM, EXCLUSIVE ACCOMMODATION IN THE BEST AREAS OF BUENOS AIRES (BELGRANO, PALERMO, BARRIO NORTE OR RECOLETA), A WIDE RANGE OF FREE CULTURAL IMMERSION ACTIVITIES, AND PERSONAL ADVICE, SERVICES AND ASSISTANCE THROUGHOUT YOUR STAY.



COOKING SCHOOL IN BUENOS AIRES, ARGENTINA

The Argentine cuisine differs from the rest of Latin America cuisine mainly because of its European origins. With Italian and Spanish cuisine as its guides, and the addition of native traditions, Argentine cuisine stands out mainly because of its barbecue, roast beef, empanadas, and world famous dulce de leche.

Mente Argentina's Cooking School has been offering courses in Latin-American regional cuisine for more than 15 years. The professors have diverse and extensive experience teaching not only traditional but also gourmet cuisine. Students will have the opportunity to learn a range of exciting, new cuisine concepts.

Our private argentine cooking lessons are given by an Argentine cook with more than 30 years of experience cooking classic dishes from various regions in Argentina. These classes are held in her kitchen, and because of the personal and intimate style of the class, the recipes can be adjusted to the desires of each participant. The class environment fosters a 100% Argentinean culture, drinking the traditional mate, learning the rich history and the secrets of argentine cooking.

All the classes will provide you with the freshest and highest quality ingredients as well as all the necessary tools and resources for the course. At the end of each class you will be able to taste the dishes, sometimes with a wine pairing

OPTIONAL INTENSIVE SPANISH PROGRAM ADD-ON

Mente Argentina Coooking Program also offers an optional Intensive Spanish Course of 20 hours of Spanish immersion classes per week (Monday to Friday from 9am 1pm). This would be the occasion to refresh your memory and to prepare you with specific business & casual vocabulary as well as the most common Argentine expressions and words that you will need to interact in an Argentine business environment.



MENTE ARGENTINA COOKING PROGRAM FEE

MENTE ARGENTINA COOKING PROGRAM FEE 2016

	Student Residence (Shared Room)	Shared Apartment (Single Room)	Homestay (Single Room)	Private Apartment (Single Apartment)
2 Weeks	USD 1.250	USD 1.390	USD 1.490	USD 1.790
4 Weeks	USD 1.590	USD 1.790	USD 1.890	USD 2.190
8 Weeks	USD 2.790	USD 3.190	USD 3.390	USD 3.950

Please feel free to ask us about special discounts for groups or longer stays.

WHAT IS INCLUDED IN THE COOKING PROGRAM FEE?

MENTE ARGENTINA COOKING PROGRAM IN BUENOSAIRES - PROGRAM FEE DETAILS

- Cooking Program Full Tuition Cost
- All Cooking Program Materials
- Help and Assistance with visa requirements
- Official Cooking Program Certificate granted by Mente Argentina
- Exclusive Accommodation in the best areas of Buenos Aires: Palermo, Belgrano, Barrio Norte or Recoleta (all utilities and expenses included)
- Full access to Mente Argentina Tours & Activities
- Private Airport Pick Up
- Private Airport Drop Off
- Welcome Orientation
- Mente Argentina Welcome Kit (calling card, insider's city guide, maps, and more)
- Health Club Membership: Free Gym membership included
- Free Cellular Phone
- Mente Argentina ISIC Global Discount Card
- Tango Lessons
- Conversation Language Exchange Partner
- Mente Argentina On-site assistance & Support Services 24/7

LEARN MORE ABOUT WHAT'S INCLUDED IN MENTE ARGENTINA PROGRAMS

✓ MENTE ARGENTINA UNIQUE BENEFITS
✓ MENTE ARGENTINA TOURS AND ACTIVITIES



COOKING PROGRAM START DATES 2016

MENTE ARGENTINA COOKING PROGRAM IN BUENOS AIRES – NEXT START DATES

MENTE ARGENTINA COOKING PROGRAM IN BUENOS AIRES NEXT START DATES 2016

Month	Start Date	Start Date 2	Start Date 3	Start Date 4	Start Date 5
January 2016	January 4	January 11	January 18	January 25	
February 2016	February 1	February 8	February 15	February 22	February 29
March 2016	March 7	March 14	March 21	March 28	
April 2016	April 4	April 11	April 18	April 25	
May 2016	May 2	May 9	May 16	May 23	Мау 30
June 2016	June 6	June 13	June 20	June 27	
July 2016	July 4	July 11	July 18	July 25	
August 2016	August 1	August 8	August 15	August 22	August 29
September 2016	September 5	September 12	September 19	September 26	
October 2016	October 3	October 10	October 17	October 24	October 31
November 2016	November 7	November 14	November 21	November 28	
December 2016	December 5	December 12	December 19	December 26	



COMBINE YOUR COOKING PROGRAM WITH SPANISH LESSONS!

Mente Argentina Cooking Program also offers an optional Intensive Spanish Course of 20 hours of Spanish immersion classes per week (Monday to Friday from 9am 1pm). This would be the occasion to refresh your memory and to prepare you with specific business & casual vocabulary as well as the most common Argentine expressions and words that you will need to interact in Argentina.

Lessons take 4 hours per day and are delivered from Monday to Friday through the Mente Argentina Intensive Spanish Program in reduced groups of up to 8 students. These group classes can be combined with individual lessons so that you can reinforce your weaknesses and we can answer your inquiries in a one on one meeting.

Spanish School's teachers are highly qualified and have a vast experience in teaching Spanish as a second language. Therefore, the classes will be interactive and above all enjoyable!

The classes can be attended both in the morning and the afternoon, so they will not overlap with the activities of your program.

- ✓ Weekly Spanish Course Fee Add-on (Monday to Friday 20 hours per Week): USD 180
- ✓ <u>4 Weeks Spanish Course Fee Add-on (Monday to Friday 20 hours per Week):</u> USD 690

...OR WITH ANY OTHER MENTE ARGENTINA PROGRAM

Mente Argentina offers you the possibility to combine your Cooking Program with another Mente Argentina Program (OPTIONAL).

We offer big discounts for those participants who would like to take 2 or more Mente Argentina Programs simultaneously or back to back. If this sounds like something you would like to do, please contact us so we can quote your full program.

• EXPLORE MENTE ARGENTINA PROGRAMS



HAVE A QUESTION?

IN CASE YOU NEED MORE INFORMATION PLEASE FEEL FREE TO CONTACT US AT HERE OR AT INFO@MENTEARGENTINA.COM

READY TO APPLY?

AS A FIRST STEP, PLEASE CREATE AN ACCOUNT AND COMPLETE YOUR APPLICATION HERE.

AS SOON AS YOU CREATE AN APPLICATION, YOU WILL BE ASSIGNED A PROGRAM ADVISOR WHO WILL GET BACK TO YOU TO HELP YOU FINALIZE YOUR ENROLLMENT.

